



Board of County Commissioners
Office of the County Administrator
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FOR IMMEDIATE RELEASE

Camden County Senior Center Accepting New Participants

WOODBINE, GEORGIA – June 12, 2015 – Senior citizens are an important asset to our community and we therefore provide several local opportunities for their enjoyment and well-being. Seniors can take advantage of daily programming at their very own facility at **no cost**. These programs help to keep them healthy and active with various nutritional and educational courses and regularly scheduled exercise classes.

The Camden County Senior Center is a public recreation facility designed to meet the needs of our older adult population in Camden County. Through participation and volunteerism, the Center strives to create a place where seniors can socialize and feel a sense of independence. Open to adults age 60 and older, the Senior Center is located in the renovated Ralph Bunche Complex at 1501 Georgia Avenue in Woodbine.

Camden's Senior Center, partners with the Coastal Regional Commission Area Agency on Aging, to provide hot, nutritious lunches every Monday through Friday at 11:30AM. There is no charge to seniors that participate in the lunch program but in order to receive lunch, seniors must be present at the Center by 10:30AM. Participants get together daily for exercise, outings, bingo, quilting, crafting, sharing of stories and talents, and many other activities. In order to attend any field trips or meal outings, seniors must attend the Center at least 3 times per week. Craft items made by attendees, such as patch quilts, knit hats and scarves and dish detergent dresses, are sold at a very low cost to help fund their outings or other materials needed at the Center. In addition, the Senior Center also receives funding through a grant and local donations.

A monthly calendar showing all activities is available to help the participants keep up with what is offered on what day. Another great service offered by the Center is **free** transportation to those participants who don't drive. The Coastal Regional Coaches will pick you up and drop you

"Leadership that Listens"

STEVE L. HOWARD
County Administrator

JOHN S. MYERS
County Attorney

WILLIS R. KEENE JR.
Commissioner, District 1

CHUCK CLARK
Commissioner, District 2

JIMMY STARLINE
Commissioner, District 3

GARY BLOUNT
Commissioner, District 4

TONY SHEPPARD
Commissioner, District 5

off at your home. All operating procedures of the Senior Center follow those of the Coastal Regional Commission Area Agency on Aging.

If you or a loved one could benefit from the activities at the Senior Center or you would like more information on transportation or other programs, please contact Center Manager Darlene Bell at 912.729.1945. The Senior Center is open Monday – Friday from 8:00 AM to 4:00 PM.

For additional information, please contact Camden County at 912.576.5601 or visit our website at www.camdencountyga.gov.

About Camden County: Located in the extreme southeast corner of Georgia, Camden County truly is “Georgia’s Coastal Community of Choice.” Originally formed in 1777, Camden County is best known for its rich history, natural scenic beauty and Southern hospitality. Our mission is to deliver defined county services with exceptional customer service and in a financially sustainable and transparent manner.

Find us on:



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